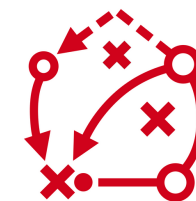


# Pizza Knock Down

**Focus:** To develop thinking skills and spatial awareness



The PE Shed



## How to do the activity

- Each student is given a pizza (Frisbee, spot or cut out cardboard pizzas).
- Students balance the pizza on their fingertips of 1 hand.
- Students cannot hold the pizza in 2 hands or against their body at any time.
- Students move around the area holding their pizza.
- The aim is to protect your own pizza and to hit other pizzas onto the floor. Students cannot touch other students.
- If your pizza falls on the floor you must do a chosen exercise (Example - 10 jumping jacks).

## Questions to ask

- What can you do to protect your pizza?
- How can you use space in this game?
- Explain your strategies for attacking a pizza.

## What you'll need

- Spots/Cones to mark the area and pizzas (frisbees, spots or cut out cardboard pizzas).

### Make this task easier

- Increase the size of the playing area.
- Increase the size of the pizzas.
- Increase the number of repetitions when pizza falls.

### Make this task more challenging

- Reduce the size of the playing area.
- Reduce the size of the pizza.
- Reduce the number of repetitions when pizza falls.